

(FREE instructions for turning your Café Apron into a Wrap Skirt! Just combine these Wrap Skirt instructions with those from my Café Apron pattern.)

# “Café Wrap Skirt”

## Materials list for the Reversible Patchwork Skirt

*NOTE: You will be combining the 4 different fabrics below(#1, #2, #3, #4) to create the various squares in your Skirt design along with a coordinating cotton for the Reversible side and interfacing.*

- 2 spools of coordinating thread
- A light to mid-weight cotton fabric is recommended for all the fabrics used in the Skirt.

*To pick your accurate size, be sure to measure your midriff (the area where you'll wear your Skirt) and hips. Then follow the chart below to figure out how much fabric you'll need to buy for your height and size.*

	Midriff 24"-25" Hips/33 -34" Size 6-8	Midriff 26"-28" Hips/36 -38" Size 10-12	Midriff 30"-32" Hips/40 -42" Size 14-16	Midriff 34"-36" Hips/44 -46" Size 18-20	Materials to purchase
For all Heights	1 1/4 yard	1 1/3 yard	1 1/2 yard	1 3/4 yard	Heavyweight Sew-in Interfacing
For all Heights	1 1/4yard	1-1/2 yard	1-3/4 yard	1-3/4 yard	Fabric #1-For the Waistband, Ties and Patchwork Squares
5” to 5”3”	1 yard for each fabric	1 yard for each fabric	1 yard for each fabric	1 1/4 yard for each fabric	Fabric #2, #3, #4 – For the Patchwork Squares
	1-3/4 yard	1-3/4 yard	1-3/4 yard	1-3/4 yard	Reversible Side fabric
5’4” to 5’7”	1 yard of each fabric	1 yard of each fabric	1 1/4 yard of each fabric	1 1/4yard of each fabric	Fabric #2, #3, #4 – For the Patchwork Squares
	2 yard	2 yard	2 yard	2 yard	Reversible Side fabric
5’8” to 5’10”	1 yard of each fabric	1 1/4 yard of each fabric	1 1/4yard of each fabric	1-1/4 yard of each fabric	Fabric #2, #3, #4 – For the Patchwork Squares
	2-1/4 yard	2-1/4 yard	2-1/4 yard	2-1/4 yard	Reversible Side fabric

## Tools needed

Scissors  
Tape measure  
Iron

Straight pins  
Yard stick  
Chalk pencil or fabric marker

Finished size: "Customized" to fit YOU!

**Please Note:** This Skirt is a "Customized" project. Please follow the easy step by step instructions for simply measuring and then marking the various dimensions directly onto your fabric.

### Step 1.

#### **TAKE YOUR MEASUREMENTS AND INSERT THEM IN THE FORMULA**

A. Follow the formula below and insert your personal measurement to make your own "customized" Reversible Wrap Skirt.

1. Measure around your \*midriff (where you will wear your Skirt) = (1)\_\_\_\_".  
Figure 3/4 of your midriff measurement and add 2 1/2" = (a)\_\_\_\_"  
Ex. 3/4 of 36" (\*midriff) = 27" plus 2 1/2" = 29 1/2"
2. Figure the length of your Ties. Take (1)\_\_\_\_" divide by 4 = \_\_\_\_" plus 36" = (b)\_\_\_\_".  
Ex. (1) 36" divided by 4 = 9" + 36" = (b) 45"
3. Measure around the fullest part of your hip area = \_\_\_\_"  
Figure 3/4 of the hip measurement = (c)\_\_\_\_"  
Ex. 3/4 of 44" (fullest part of hip) = 33"
4. Measure from your \*midriff (where you will wear your Skirt) to the fullest part of your hips = (d)\_\_\_\_"
5. To figure the length from your \*midriff to the bottom cutting line for the Skirt, measure from your \*midriff to the floor\_\_\_\_" minus 6" = (e)\_\_\_\_"  
Ex. 40" (\*midriff to the floor) minus 6" = 34"

### Step 2.

#### **CUT OUT THE PATTERN PIECE**

Follow the printed instructions in the Café Apron pattern.

### Step 3.

#### **CUT ALL THE PARTS OUT OF YOUR FABRICS**

From Fabric #1 - Front of the Skirt

-Cut 1 Waistband - 5" wide x \*(a) \_\_\_\_" times 2" = \_\_\_\_" long

-Cut 2 Ties: 5" wide x (b)\_\_\_\_" long

(b) \_\_\_\_ = The result calculated in Step 1A-2

From Fabric #1, #2, #3 and #4 - Front of the Skirt

-Cut Patchwork Squares - pattern piece provided in the Café Apron pattern. See the chart below to determine the approximate amount of squares needed of each fabric.

	Midriff 24"-25" Hips/33 -34" Size 6-8	Midriff 24"-25" Hips/33 -34" Size 10-12	Midriff 24"-25" Hips/33 -34" Size 14-16	Midriff 24"-25" Hips/33 -34" Size 18-20
5" to 5'3"	Approx. 32 squares of each fabric	Approx. 34 squares of each fabric	Approx. 36 squares of each fabric	Approx. 38 squares of each fabric
5'4" to 5'7"	Approx. 34 squares of each fabric	Approx. 36 squares of each fabric	Approx. 38 squares of each fabric	Approx. 40 squares of each fabric
5'8" to 5'10"	Approx. 36 squares of each fabric	Approx. 38 squares of each fabric	Approx. 40 squares of each fabric	Approx. 42 squares of each fabric

NOTE: The size of your Skirt will determine the quantity of Patchwork Squares needed. The squares will be laid out in Step 6A, allowing you to create a pleasing pattern. At Step 6A, you will have the option of adding more squares for the length and/or the width of your Skirt.

#### For the Heavyweight Sew-in Interfacing

-Cut 1 Waistband - 5" wide x \*(a) \_\_\_" times 2" = \_\_\_" long

#### For the Reversible Side of your Skirt

-Cut 2 Fabric Lengths - (e) \_\_\_" long plus 2" by the width of your fabric.

(e) \_\_\_" = The result calculated in Step 1A-5

NOTE: These two Fabric Lengths will be stitched together in Step 4 to give you enough width needed for your Skirt to wrap completely around you, providing full coverage.

*1. To customize the Skirt to fit you perfectly, measure and mark YOUR measurements directly on the **WRONG** side of the Reversible Side Fabric Panel when instructed to do so in Steps 5A-1 through 5A-6, inserting the results calculated from the formula in Step 1 to fill in the blanks in Step 5.*

*2. The panel you cut out for the Reversible Side of the Skirt in Step 5 will be used as a "pattern piece" to cut out the Front of your Skirt for the Patchwork Fabric Panel you will make in Step 6. If you choose not to make a Patchwork Front, you will use the Reversible Side Skirt Panel as the "pattern piece" and cut the Front Panel out of a coordinating cotton fabric.*

## **Step 4.**

### **MAKE A FABRIC PANEL TO ADD WIDTH TO YOUR FABRIC**

Follow the printed instruction in the Café Apron pattern

**Step 5.**

**MEASURE AND MARK THE SKIRT PANEL DIRECTLY ONTO  
THE WRONG SIDE OF THE FABRIC PANEL**

Follow the printed instruction in the Café Apron pattern. Substitute the new calculated formula in place of the explained formula in the (). Follow the small letter in () but ignore the explanation

**ADD**

**Step 9H.**

H. Make a Buttonhole to feed the Tie through - On the right side Tie 2" in from the Waistband, make a 3" buttonhole, centered on the **RIGHT** side of the Tie.

Your Wrap Skirt is now completed. Wrap the skirt feeding the opposite Tie in through the Buttonhole and pull it completely through. Tie your skirt in the front using the long Ties to make a nice bow.