FREE QUILT PATTERN
TUMBLE ROSES
FLANNEL QUILTS

THE LOUNGE PANTS FEATURED ARE FROM MY “IN STITCHES” BOOK!
AMY’S TUMBLE ROSES FLANNEL QUILT

SEWING PATTERN INCLUDES:
Instructions and measurements to create your own Flannel Quilt.

Fabrics designed by Amy Butler for Rowan.
All prints are from Amy’s Love Flannel collection.

Quilt design by Amy Butler
Instructions and construction by Kerri Thomson

Finished size: 80” wide x 96” long (Full / Queen size)

AMY’S FABRICS USED IN THIS QUILT

Fabrics for the Octagons - 4 yds each
fab01 (Print 1)  fab04 (Print 2)
sunspots/ mint tumble roses/ tangerine

Fabrics for the 6” squares - 3 1/2 yds
fab02 (Print 3)
cypress paisley/ lime

Fabrics for Quilt Back - 2 1/2 yds each
fab03 (Print 1)  fab01 (Print 2)  fab02 (Print 3)
paradise garden/wine sunspots/ turquoise cypress paisley/ mint

Fabrics for the Binding - 3/4 yd
fab01
sunspots/ mint

GENERAL NOTES:

~Scraps from this Quilt can be used to make the Bonus Baby Quilt that follows.

~Check out the “Flannel Tips” on my website before you begin.

~All seam allowances are 1/4” unless otherwise stated.

~Before you get started, please read through all of the instructions.

~Preshrink your fabric: machine wash in warm water and tumble dry with low heat. TIP: Make a small diagonal clip in the corners of each of the fabric’s before washing to help prevent fraying and tangling.

~Press your fabric using a dry iron and pressing cloth and iron on the WRONG side with a low/cool setting. All seam allowances in this pattern are pressed open to reduce bulk.

~The first time a term is mentioned and followed by an asterisk (*) it is defined in the Techniques & Terminology section on my website at amybutlerdesign.com.

MATERIALS LIST
From 44” wide flannel fabric:
-4 yards each of 2 coordinating prints for the Octagons
-3 1/2 yards of a third coordinating print for the Squares
-2 1/2 yards each of 3 coordinating prints for the Quilt Back
-3/4 yard or another coordinating print for the Binding

BATTING / NOTIONS NEEDED
-86" x 102" piece of batting Queen size (I use Nature-fil® Bamboo batting from Fairfield)
-2 large spools of a coordinating all-purpose thread (I use Coats Dual Duty XP®)

TOOLS NEEDED
-Ruler - Rotary cutter and mat
-Scissors - Chalk pencil
-Fabric marker - Safety pins (large size)
-Iron and ironing board - Hand sewing needle
-Straight pins - Pressing cloth
-8 1/2” x 11” sheet of medium grit sand paper - You can use this to keep your Blocks from stretching or shifting while you’re working with them.

Step 1.

CUT OUT THE FABRIC PIECES
A. On a large flat surface lay your fabric RIGHT side up in a single layer.

B. Measure and mark the dimensions below on the RIGHT side of your fabric. Use your Rotary Cutter and Mat to cut out each piece as you go.

From the 2 coordinating prints for the octagons (4 yds lengths):
-Cut 15 squares from each - 16 1/2” wide x 16 1/2” long

From the third coordinating print for the squares (3 1/4 yds):
-Cut 120 squares - 6” wide x 6” long

From the first fabric for the Quilt Back:
-Cut 2 panel A’s - 8” wide x 86” long
-Cut 4 panel B’s - 6” wide x 86” long
From the second and third fabric for the Quilt Back:
-Cut 5 panel B’s from each - 7” wide x 86” long

From the Binding fabric:
-Cut 9 strips - 2 1/2” wide x the width of the fabric, enough to make 360” of binding

Step 2.
MAKE THE FABRIC SQUARES
TIP: Place your fabric squares on the rough side of a sheet of medium grit sand paper to keep it from stretching or shifting while you draw your diagonal line.

A. Place the first 6” square WRONG side up on a flat surface (on top of the sand paper). Use your chalk pencil and ruler, and draw a line diagonally across the square.

B. Repeat Step 2A to mark the remaining 119 squares.

Step 3.
MAKE THE BLOCKS
A. Place a 6” square in the top left corner of the first 16 1/2” square with RIGHT sides together. Place the small square so the marked line lays diagonally across the corner of the larger square. Match the raw edges and pin them in place. Stitch along the marked line and backstitch* at each end.

B. Then use your ruler, rotary cutter and mat and cut across the matched corners leaving 1/4” on the outside of the stitching line to create a seam allowance*. Use your pressing cloth and press the seam allowances open.

C. Repeat Steps 3A and 3B to attach a 6” square to the other 3 corners of the first 16 1/2” square.

D. Repeat Steps 3A through 3C to make the remaining 29 Blocks.

Step 4.
LAYOUT AND SEW THE QUILT TOP
A. On a large flat surface, lay out all 30 Blocks in six rows with five Blocks in each row. Alternate the octagon prints between prints 1 and 2. (See the layout at the top of the next column.)
C. Repeat Steps 5A and 5B to draw the quilting lines lengthwise down the center of each Block. The marked lines will divide each 16” block into quarters.

Please set the Quilt Top aside while you make the Quilt Back.

Step 6.
SEW THE QUILT BACK
NOTE: The Quilt Back is made with 3 coordinating prints. Each print runs horizontally across the Back Panel, alternating each print.

A. On a large flat surface, lay out all of the Panel B’s. Start with Print 2 and end with Print 3, alternating the three prints. Then place one Panel A at the top and bottom of your layout.

B. Place the first Panel A and B RIGHT sides together. Match the adjoining edges and pin them in place. Stitch a 1/4” seam along the pinned edge and backstitch at each end. Press the seam allowances open.

C. Repeat Step 6B to attach the second Panel B to the other long edge of the first. Continue this process to attach the other panels together.

Step 7.
ASSEMBLE THE QUILT
A. Place the Quilt Back on a large flat surface with the WRONG side up. Smooth out any wrinkles.

B. Then place the batting on top of the panel and smooth out any wrinkles.

C. Center the Quilt Top on top of the batting with the RIGHT side up, creating a sandwich with the Quilt Back, batting and Quilt Top. Smooth out any wrinkles.

D. Use large safety pins and pin the layers together about every 8” or hand baste* them using long basting stitches. Begin in the center of the Quilt Top and work your way to the outside edges.

To hand baste, make a series of long running stitches through all of the layers.

E. Machine or hand quilt along the marked lines and stitch-in-the-ditch* between each row and column. Begin in the center and work your way to the outside edges.

To stitch-in-the-ditch, sew in the groove formed by the seam.

F. When the quilting is complete, use your ruler, rotary cutter and mat and trim the Quilt Back and batting even with the Quilt Top.

G. Hand or machine baste* very close to the raw edges completely around the Quilt. This will secure the layers together before adding your binding.

To machine baste, use the longest stitch on your machine, so you can easily remove the basting stitches later if needed. Do not backstitch at either end of your stitching.

Step 8.
MAKE AND ATTACH THE BINDING
A. Attach the strips into one long continuous piece by placing the first 2 strips perpendicular to each other with RIGHT sides together. Match the edges and pin them in place. Stitch a seam diagonally across the pinned edge and backstitch at each end.

B. Cut diagonally across the matched corners leaving a 1/4” on the outside of the stitching line to create a seam allowance. Press the seam open. Trim any fabric “tails” along the edges. Continue to attach the remaining strips to complete the binding.

C. Then fold the binding in half lengthwise with WRONG sides together. Match the long edges and press a crease along the folded edge.

D. Place the RIGHT side of the Quilt Top facing up. Start at the center along one side edge, and match the raw edges of the binding and Quilt, stopping at the first corner. Pin them in place.

E. Leave the first 5” unstitched, then sew a 1/4” seam, stopping 1/4” from the first corner and backstitch at each end. Clip the threads and remove the quilt from your machine.

F. To form a neat mitered corner, fold the binding away from the corner forming a 45º angle. Then fold it back even with the next raw edge and pin it in place. Leave the folded edge of the binding even with the first edge that was sewn.

G. Begin stitching again at the edge of the Quilt, backstitching as you begin. Continue to pin and sew along the edge, stopping 1/4” from the next corner and backstitch again.

H. Repeat Steps 8F and 8G to miter the remaining corners and sew the rest of the binding in place. Stop stitching 10” from where you first began. Backstitch again.

I. Cut the binding so it overlaps the beginning edge by 6”. Open the beginning edge and cut it at a 45º angle. Fold this edge 1/2” under toward the WRONG side of the binding and press.
J. Insert the end of the binding under the beginning folded edge. Adjust it so it lays flat within the other end tucked inside the fold. Pin and stitch the rest of the binding in place. Press the binding away from the Quilt Top.

K. Turn the Quilt over so the Back Panel is facing up. Flip the binding over the edge from the front to the back. Line up the folded edge of the Binding so it just covers the stitching line that attached it to the front. Adjust the mitered corners and pin them in place.

L. Hand stitch the binding in place or machine stitch close to the inner folded edge and backstitch at each end.

Nice job! Your Quilt is complete. You have made a beautiful keepsake.

Be sure to add a fabric label to the back of the Quilt, hand stitching it in place to document your name, address, date and any information you may want to include (perhaps a dedication or a name for the Quilt). Future generations will thank you for this.

BONUS PROJECT!
BABY QUILT by Ellen Maxwell

Project size: 27" wide x 36" long

AMY'S FABRICS USED IN THIS QUILT

Fabrics for the Quilt Top
fab01 (Print 1)  fab04 (Print 2)  fab02 (Print 3)
sunspots/ mint  tumble roses/ tangerine  cypress paisley/ lime

Fabric for the Quilt Back - 1 yd
fab04
tumble roses/ pink

Fabric for the Binding
fab01
sunspots/ mint

Saved from the Tumble Rose Quilt
-24 triangles each from prints 1 and 2
-48 triangles from print 3
-Quilt Binding / fabric scraps from print 1

MATERIALS LIST
-1 yard of 44" wide coordinating flannel print for the Quilt Back

BATTLING / NOTIONS NEEDED
-33" x 42" piece of batting - crib size (I use Nature-fil® Bamboo batting from Fairfield)
-1 large spool of a coordinating all-purpose thread (I use Coats Dual Duty XP®)

TOOLS NEEDED
-Ruler  -Rotary cutter and mat  -Safety pins (large size)
-Iron and ironing board  -Hand sewing needle  -Scissors
-Pressing cloth

Step 1.
CUT OUT THE FABRIC PIECES
From the scraps for print 1 fabric:
-Cut enough 2 1/2" strips across the width of the fabric to create a binding strip 138" long.

Step 2.
MAKE THE SQUARE BLOCKS
A. Place the first print 1 and print 3 triangles RIGHT sides together. Match the edges and pin the bias* edge in place. **NOTE:** Sew carefully across the bias edge, making sure not to pull the triangles. Stitch a 1/4" seam along the pinned edge and backstitch at each end. Use your pressing cloth* and press the seam allowances open. The bias edge is a line cut diagonally across the grain of the fabric.

B. Lay the square RIGHT side up on a flat surface. Square up the corners by using your rotary ruler, cutter and mat, and measure the Block to make sure the dimensions are 5" x 5". Trim any excess from the edges ensuring the diagonal seam remains corner to corner.

C. Repeat Steps 2A and 2B to create 23 more squares using prints 1 and 3.

D. Stack the squares in 2 piles of 12 with the print 1 triangles toward the center.

E. Place the top 2 squares RIGHT sides together matching the adjoining edges. Pin it in place. Stitch a 1/4" seam along the pinned edge and backstitch at each end. Press the seam allowances open.

F. Repeat Step 2E to attach the other 11 pairs of squares.

G. Next, stack the attached squares in 2 piles of 6 with the print 1 triangles toward the center.

H. Repeat Steps 2E and 2F to create 6 Blocks.

I. Repeat Steps 2A through 2H using the print 2 triangles and the other print 3 triangles.
Step 3.
LAYOUT AND SEW THE QUILT TOP

A. On a large flat surface, lay out the 12 Blocks in four rows with three blocks in each row. Alternate the center print between print 1 and 2.

B. NOTE: The Quilt Top is sewn together in horizontal rows. Starting at the top left corner, place the first and second Blocks RIGHT sides together matching the adjoining edges and the seams. Pin them in place. Stitch a 1/4" seam along the pinned edge and backstitch at each end. Press the seam allowances open.

C. Then place the second and third Blocks RIGHT sides together matching the opposite edge of the second and pin it in place. Stitch a 1/4" seam along the pinned edge and backstitch at each end. Press the seam allowances open. Then place the row back into your layout.

D. Repeat Steps 3B through 3C to stitch the remaining rows.

E. Next, place the first and second rows RIGHT sides together matching the seams and the adjoining edges. Pin them in place. Stitch a 1/4" seam along the pinned edge and backstitch at each end. Press the seam allowances open.

F. Then place the second and third rows RIGHT sides together matching the opposite edge of the second and pin it in place. Stitch a 1/4" seam along the pinned edge and backstitch at each end. Press the seam allowances open.

G. Repeat Step 3F to attach the remaining row to complete the Quilt Top.

Step 4.
ASSEMBLE AND BIND THE QUILT

A. Follow the instructions in Step 7 and 8 of the “Tumble Rose Flannel Quilt” and finish the quilt by basting, quilting and attaching the binding.

Great job! Two quilts! How nice is that?